8 Ways to Simplify the Holiday Season

It's everyone's favorite time of the year, but can also be one of the most complex! Here are a few tips to help you simplify it.

BEGIN HERE

'TIS THE SEASON TO INDULGE

Silk® Nog, Anyone?
Eggnog latte season comes but once a year. As true Vancouverites, we go dairy- and egg-free.

WANT TO SIMPLIFY YOUR COOKING?

Outsource Dinner
Have a potluck and offer to bring the pots! You could also have **Spud.ca** deliver the ingredients to you.

GIFT GIVING HAS YOU OVERWHELMED?

Spread the Joy
Donate past gifts to future owners through the **YWCA**. It'll put big smiles on everyone's face.

Download an Elf
Our lawyers have helpers and you should too. Apps like **Santa's Bag** can be a useful shopping assistant.

MAYBE IT'S TIME TO DECOMPRESS

There's No Place Like Om
Did you remember to ask for some "me" time? Hit the yoga studio, find inner peace, and burn off those eggnog lattes.

SO MANY PARTIES!

Silent Nights
Visiting relatives are holiday miracles for parents. Embrace them.

HIBERNATING FOR WINTER INSTEAD?

Get Legal Insights on the Couch
Rain and snow are perfect excuses for legal drama marathons on Netflix. We recommend **The Good Wife** as an educational resource.

ALSO...

Call Your Own Personal Sleigh
Have holiday parties to attend? Driver services like **Operation Red Nose** will ensure that you get home safely.

Happy Holidays

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